

2012 SouthWest Idaho Cycling Association  
Criterium Training Series At *Expo-Idaho*  
(Glenwood Street south of Hawks Stadium)

(5/8-5/15-5/22-5/29)

(6/5-6/12-6/19)

(6/26-7/3-7/10)

(\$10 Learn to Race/Upgrade Clinics at the Fairgrounds Thursday Night May 10)

\$10 a race, \$5 for additional races the same night

(You **must** be eligible for one of the categories in a flight to race in that flight)

Unlimited season pass for all races for which you are eligible is \$65 is available online only until 5/7/2012

*Online registration at [usacycling.org](http://usacycling.org)*

Day-of Registration ONLY for nightly races-starts at 5:15

(Race duration and start times are approximate and subject to adjustment on-site by the Chief Referee)

A-Flight

Men Cat 3 – Men1/ 2- Master Men A35+

Start 8 pm

50 minutes

B-Flight

Master Men A 45+ - Women Cat 1/2/3- Men Cat 4

Start 7:15

40 minutes

C-Flight

Master Men B 35+ - Master Men B 45+ - Master Men 55+

*(annual license required)*

Start 6:40

30 minutes

D-Flight

All Juniors - Women Cat 3-4

Start 6:15 pm

20 minutes

E-Flight

Men Cat 5 – (Including day licensed Senior and Masters)

Start 5:45

25 minutes

These are race together/score together training races. SWICA points are awarded to the racer in his SWICA category for his overall finish position as if the race was a single category.

Series champions will be tracked using SWICA BAR Series points.

For more information contact [idahobikeracing@yahoo.com](mailto:idahobikeracing@yahoo.com)

USACycling permits # 2012- 290

SWICA MASTER CATEGORY DESIGNATIONS 2012

35+A(1,2,3),

45+A(1,2,3)

35+B(3,4,5),

45+B(3,4,5)

55+(Open)

SWICA Master groups are run as plus "+" categories not age limited categories (i.e. **35+** not **35-44**). This allows, for example, a 55-year-old cat 3 to race in the any of the 5 master groups as he chooses.

**Sandbaggers will be Ridiculed**